



# AlmencardPLUS

## EXPERIENCE THE BEST OF SKI- & HOLIDAY AREA – ALL INCLUSIVE!

30 ALPINE PASTURES, 9 CABLE CARS, 1 HOLIDAY AREA from 1<sup>st</sup> may to 30<sup>th</sup> of November 2018

The “AlmencardPLUS“ offers summer visitors in the holiday area Gitschberg Jochtal and Natz-Schabs a very specific range of services: Action, adventure, mobility, cable cars and all manner of variety for the entire family, included in one unique event card.

The AlmencardPLUS offers a large number of facilities for you! From the very first day of your holidays, you may enjoy the benefits of the AlmencardPLUS. enjoy the free use of funiculars and cable cars as well as all public means of transport in South Tyrol, free entrance to many museums and access to the entire support programme of the High Alpine pasture region Gitschberg Jochtal and on the high apple plateau Natz-Schabs). Moreover, AlmencardPLUS holders can obtain special prizes and bonuses from all participating partners. The AlmencardPLUS is available free of charge at your hotel, if they are AlmencardPLUS member, for the duration of your holiday! The holiday area of Gitschberg Jochtal and Natz-Schabs is worth visiting at any time of the year, in every sense of the word.

## ADVANTAGES – CLOSE UP AND IN DETAIL:

- > Unlimited journeys with the railway **cable car Gitschberg Meransen/Maranza** (19<sup>th</sup> May–03<sup>th</sup> November 2018)
- > Unlimited journeys with the railway **cable car Jochtal Vals/Valles** (09<sup>th</sup> June–03<sup>th</sup> November 2018)
- > Unlimited journeys with the **cable car Mühlbach/Rio di Pusteria - Meransen/Maranza**
- > Bus journey from Mühlbach/Rio di Pusteria to the alp of Rodeneck/Rodengo-Lüsen/Luson
- > Discount in shops and leisure facilities
- > Alpinpool: advantage of a conventioned entry if the own accommodation is Alpinpool partner
- > **Unlimited journeys in all regional public transport inside South Tyrol:** bus and train, as well as the following cable cars:
  - Cable car Bolzano/Bozen – Jenesien/San Genesio
  - Cable car Bolzano/Bozen – Kohlern/Colle
  - Cable car Mölten/Meltina
  - Cable car Burgstall/Postal – Vöran/Verano
  - Cable car Bolzano/Bozen – Ritten/Renon
  - Funicular Mendel/Mendola
- > Free entry to **more than 90 museums** and exhibitions





# ALMENCARD WEEKLY PROGRAMME

Almencard valid 19.05.2018 – 03.11.2018 | Almencard PLUS valid 01.05.2018 – 30.11.2018

## Monday

### Summer in the mountains with Kneipp

21.05. – 29.10.2018

A pleasurable circular hike to the Kneipp course in the Altfasstal valley with stations along the way.

☉ 10:00 a.m. | Altfasstal car park | Time: approx. 4–5 hours

### Bogbean, Yarrow and Magic Spells in Natz

02.07. – 24.09.2018 | Almencard PLUS holders only

Rediscovering ancient herbal knowledge

☉ 2:00 p.m. | Village square, Natz | Time: approx. 3 hours

## Tuesday

### Hike to the Eisbruggsee lake in Pfunders

22.05. – 30.10.2018

This challenging hike requires good training. Bring along suitable equipment and provisions.

☉ 10:00 a.m. | Tennis hall in Meransen | Time: approx. 1 hour

### 👶 Carriage ride for children in Meransen (5–14 years)

01.05. – 27.11.2018

Children get the chance to go for a parent-free carriage ride and maybe even sit next to the coachman

☉ 10:00 a.m. | Tennis hall Meransen | Time: approx. 1 hour

### The Meronsna Legend Trails

01.05. – 27.11.2018

Surprisingly humorous and pleasurable, this easy hike is studded with legends, stories and facts about Meransen.

☉ 11:00 a.m. | Tennis hall Meransen | Time: approx. 3 hours

### Gone with the Water

22.05. – 19.06.2018 | Almencard PLUS holders only

A meditative hike from Natz to the Rienz gorge.

☉ 2:00 p.m. | Mühlbach or Natz Tourist Association  
Time: approx. 4 hours

### Rafting Taster

08.05. – 27.11.2018

Ideal for beginners and families looking for fun and adventure.

☉ 3:00 p.m. | St. Sigmund sports area | Time: approx. 1.5 hours. Price: Adults € 25.00 | Children (aged 5–12) € 20.00

## Wednesday

### Big 5 Altitude hike to the Wilde

Kreuzspitze/Seefeldspitze (alternately)

20.06. – 31.10.2018

This challenging hike requires good training. Bring along suitable equipment and provisions

☉ 8:30 a.m. | Fane Alm car park in Vals or Altfasstal in Meransen | Time: approx. 7 hours

### Into the Woods

23.05. – 31.10.2018

A trained herbalist and forest expert will be letting you into her little secrets sharing useful hacks for everyday life.

☉ 10:30 a.m. | Zumis car park, Rodenecker-Lüsner plateaus  
Time: approx. 5 hours

### 👶 Meeting the animals at the Ahner mountain farm (5–9 years)

02.05. – 28.11.2018

During the farm visit, kids have the chance to get to know the resident donkeys, chicken, cats, calves and bunnies. A real treat for the little ones!

☉ 1:30 p.m. | Ahner mountain farm, Rodeneck  
Time: approx. 2.5 hours



## Thursday

### Meditative hike and yoga in Natz

24.05. – 21.06.2018 | Almencard PLUS holders only  
Morning hike and yoga breathing exercises in special places of power.

● 08:30 a.m. | Village square, Natz | Time: approx. 3 hours

### Hike to the Pfunders mountain farms

03.05. – 29.11.2018  
The green Pfunders Valley boasts well-preserved historical farms, traditional craftsmanship and stunning landscapes.

● 10:00 a.m. | Pfunders sports area | Time: approx. 4 hours

### 🧗 On Top of the World (10–14 years)

14.06. – 01.11.2018  
High ropes course with a 12-metres high climbing wall for budding climbers wishing to learn the basics.

● 9:30 a.m. | Kurzkofelhütte hut, Vals | Time: approx. 5 hours

### 🧗 Krixly Kraxly (5–9 years)

14.06. – 01.11.2018  
Taster course for aspiring mountaineers. Kids aged 5 to 9 will try their hand at climbing under the expert supervision of our alpine guides.

● 10:00 a.m. | Jochtal cable car mountain terminal, Vals | Time: approx. 5 hours

### Horse-drawn carriage tour to Jochtal

14.06. – 01.11.2018  
● 1:30 + 2:30 p.m. | Jochtal cable car mountain terminal, Vals  
Time: approx. 1 hour

### Lama trekking for families

14.06. – 27.09.2018 | Almencard PLUS holders only  
Meet and greet these special farm animals  
● 4:00 p.m. | Waldharthof - Raas | Time: approx. 2–3 hours

## Friday

### Sunrise hike

15.06. – 02.11.2018  
Your holiday challenge: an early rise! Get up early and you will be rewarded with the unique experience of the sunrise seen from the mountains.

● Varying time | Jochtal cable car valley terminal  
Time: approx. 2 hours

### Family hike to the Spinges Bunker

25.05. – 02.11.2018  
This leisurely hike that starting from the village leads into the forest includes pauses for breathing exercises

25.05. – 22.06.2018

● 1:00 p.m. | Spinges church | Time: 3 hours

29.06. – 02.11.2018

● 10:00 a.m. | Spinges church | Time: 3 hours

### Old Castles & New Wines - Visit to the Vineyard & Organic Farm

04.05. – 30.11.2018  
A local winegrower will be showing you around his vineyard and illustrating his alternative methods for cultivating grapes and ancient apple varieties.

● 3:00 p.m. | Mühlbacher Klause | Time: approx. 2 hours

### 🧗 Medieval Games at the Mühlbacher Klause

Ruins (5–9 years)

22.06. – 02.11.2018

The ancient ruins become the stage where young knights and damsels bring history back to life.

● 3:00 p.m. | Mühlbacher Klause | Time: approx. 2 hours

### Guided tours of the Mühlbacher Klause

22.06. – 07.09.2018

The ruins were once a customs post and hunting seat, as well as the backdrop for the German Peasant's war in 1526 and the Tyrolean Rebellion of 1809.

● 10:00 a.m. and 3:00 p.m. | Mühlbacher Klause

Time: approx. 1 hour

## Saturday

### The cleansing power of smoke and herbs

19.05. – 23.06.2018 | Almencard PLUS holders only  
A hike through meadows, woods and apple orchards.

● 2:00 p.m. | Village square, Natz | Time: approx. 3 hours

## Sunday

### The Path towards Balance

20.05. – 17.06.2018 | Almencard PLUS holders only  
A hike onto the Balance trails.

● 10:00 a.m. | Alternately in Meransen, Rodeneck and Vals  
Time: 2 hours

## GENERAL INFORMATION

Registration by 4:00 p.m. on the previous day. For information and registration please contact your hotel reception or the info points in the Ski & Holiday Area Rio Pusteria & Natz-Schabs. Bringing suitable equipment (trekking boots, rain protection etc.) is recommended with each hike. Participation at your own risk. Minimum number of participants: 4 adults or 5 children aged 5 to 14. Activities available for a limited number of participants. Subject to change without notice.

● Meeting point | 🧗 for children

## REGISTRATION

info@gitschberg-jochtal.com | +39 0472 886 048

info@rodeneck.com | +39 0472 454 044

info@natz-schabs.info | +39 0472 415 020

[www.gitschberg-jochtal.com](http://www.gitschberg-jochtal.com)  
[www.natz-schabs.info](http://www.natz-schabs.info)